

# Road Trip Leadership Lessons Facilitator Guide



**Leadership**Innovations



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# How To Use This Guide

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**Set Aside 10 Minutes**

Road Trip Leadership Lessons are short and effective lessons that can be easily incorporated into your daily routine. They work well in morning kick-off meetings, or at any other time you can set aside 10-15 minutes. Choose a quiet place specifically for this activity so your team can focus in and fully participate in discussions.

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**Introduce the Video**

Each lesson includes a short summary that you can share with your team before watching the video.

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**Watch the Video**

Video running times are 2-4 minutes each. Make sure you have clear audio and good visibility for each team member.

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**Ask the Questions**

There are several questions included with each video. The questions are designed to get the team thinking and foster discussion. Be prepared to ask your own follow-up questions as important topics come up in discussion.

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**Listen & Discuss**

It is important to listen carefully to your team as they answer questions and discuss the ideas presented in each video. Their ideas will likely contain valuable problem-solving insights and leadership breakthroughs that are invaluable to your organization.

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**Apply Facilitator Best Practices**

Remember to:

1. Ask open-ended questions.
  2. Listen well.
  3. Capture ideas by taking notes (a whiteboard is ideal.)
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**Apply Ideas and Follow-Up with the Team**

Record important insights and follow-up with the team about them over the next few days to ensure that new ideas aren't lost in the day-to-day routine.

# Episode 1: Inspiring Destination



## Introduce

**Say something like:** We're going to be exploring Road Trip Leadership Lessons as a team. In each episode of this video series, Todd Long, from Leadership Innovations, will take us along on a mini road trip to share leadership wisdom and inspire us to lead ourselves and others well. In Episode 1: Inspiring Destination, we'll learn the importance of knowing your destination and sharing it with others before you start.



## Watch

**Video Link:** <https://www.youtube.com/watch?v=VaT9OiVMutc>

**Running Time:** 2:11



## Ask

1. What two things did Todd say were important to remember about a destination?
2. What should we be careful of when choosing a destination?
3. Why is knowing and sharing a destination important to leadership?



## Listen & Discuss

The facilitator should listen more than speak, and record important insights and goals that come from discussion. Go deeper by asking the following application questions as well as recording your own:

- How can you imagine using this information in your role?
- How can we apply these ideas as a team?

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## Episode 2: Lane Awareness

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### Introduce

**Say something like:** In Episode 2: Lane Awareness, Todd discusses the importance of knowing what lane you're in as a leader by learning the goals of the people around you, keeping up with their progress, and knowing the impact this has on you.

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### Watch

**Video Link:** <https://www.youtube.com/watch?v=K9-q65AfxPg>

**Running Time:** 2:05

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### Ask

1. What three things are important to lane awareness in leadership?
  2. How can we be more aware of the goals being set around us?
  3. How can we better understand the progress others are making towards their goals?
  4. How can we assess the impact of what is happening around us?
  5. How would knowing these things help you lead yourself and others well?
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### Listen & Discuss

The facilitator should listen more than speak, and record important insights and goals that come from discussion. Go deeper by asking the following application questions as well as recording your own:

- How can you imagine applying lane awareness in your role?
- How can we apply these ideas as a team?

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## Episode 3: Relish the Scenery



### Introduce

**Say something like:** In Episode 3: Relish the Scenery, Todd encourages leaders to be more aware of the positive things that are happening around them as they move through the day.



### Watch

**Video Link:** <https://www.youtube.com/watch?v=PDiMM3t8QKo>

**Running Time:** 2:16



### Ask

1. What does it mean to “relish the scenery?”
2. What are some examples of scenery in our organization that should be relished? Is there anything happening right now that we should be aware of?
3. How will being aware of the people and situations around you help you lead yourself and others better?



### Listen & Discuss

The facilitator should listen more than speak, and record important insights and goals that come from discussion. Go deeper by asking the following application questions as well as recording your own:

- How can you imagine relishing the scenery in your role?
- How can we apply these ideas as a team?

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## Episode 4: Right Playlist



### Introduce

**Say something like:** Your playlist sets the tone for your day and everything you do. In this episode, Todd discusses the fact that having an inspirational playlist in life and work is just as important as having a great music playlist on a road trip.



### Watch

**Video Link:** <https://www.youtube.com/watch?v=5eaL821DD3I>

**Running Time:** 4:02



### Ask

1. What effect does a great playlist have on you? How can we create the same effect here?
2. What are the three suggested ways to create a good playlist at work?
3. What mantras do we have here that add to the playlist?
4. How often do you offer authentic praise to those around you?



### Listen & Discuss

The facilitator should listen more than speak, and record important insights and goals that come from discussion. Go deeper by asking the following application questions as well as recording your own:

- What can you imagine using this information for in your role?
- How can we create a better playlist as a team?

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## Episode 5: Take a Break



### Introduce

**Say something like:** Sometimes what you need most is to take a break to relax and refocus in order to be at your best. In this episode of Road Trip Leadership Lessons, Todd explains the importance and the benefits of taking a break.



### Watch

**Video Link:** <https://www.youtube.com/watch?v=rHM5PZftPM4>

**Running Time:** 4:00



### Ask

1. What are some of the dangers of “burnout?”
2. How can taking a break help you avoid burnout?
3. How can you take breaks to refresh yourself without losing ground or losing sight of the goal?
4. Do you know the best way for you to refresh? What about other members of your team?
5. How can we encourage habits that help ourselves and others to feel refreshed?



### Listen & Discuss

The facilitator should listen more than speak, and record important insights and goals that come from discussion. Go deeper by asking the following application questions as well as recording your own:

- How can you imagine applying this information in your role?
- As a team, how can we create opportunities to take breaks to refresh?
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## Episode 6: Drive with Care



### Introduce

**Say something like:** Driving is a big responsibility. Every time you get behind the wheel you are responsible for the safety of yourself, the people in your car, and the other people on the road. Being careless behind the wheel can lead to huge consequences. In this final episode of the Road Trip Leadership Lessons series, Todd discusses how important it is for leaders to “drive” their teams with the same care and mindfulness that they would use when driving a car.



### Watch

**Video Link:** <https://www.youtube.com/watch?v=65WtGUKssM0>

**Running Time:** 3:33



### Ask

1. What are the two reasons it is important to drive/lead with care?
2. How can we lead with care?
3. How mindful are you about being kind and forgiving quickly?



### Listen & Discuss

The facilitator should listen more than speak, and record important insights and goals that come from discussion. Go deeper by asking the following application questions as well as recording your own:

- What can you imagine using this information for?
- How can we apply this lesson as a team?

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